

## Competency Unit / Training Program Overview

### HLTAID001 – Provide Cardiopulmonary Resuscitation

*(Initial and Refresher Training Pathways)*

**National Competency Standards:** HLT - Health Training Package (Release 3.1)

**Competency Unit Number:** HLTAID001 (Release 5)

**Competency Unit Name:** Provide Cardiopulmonary Resuscitation

#### Unit Descriptor

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines. Upon successful completion of the program, Participants will be deemed competent to:

- Respond to an emergency situation
- Perform CPR procedures
- Communicate details of the incident

#### Application of the Unit

This unit applies to all workers who may be required to provide CPR, in a range of situations, including community and workplace settings.

#### Recognition

On successful completion of this unit of competency, participants will be issued with a Statement of Attainment.

#### Prerequisite Units

No pre-requisite training is required.

#### Program Duration

Initial Training - 4 Hours  
(CPR for Life workbook to be completed prior to attending training program)

Re-accreditation – 1 Hour

Participants will be notified of the course duration and associated scheduling in advance. This will occur after the learner cohort has been reviewed to identify individuals learning requirements

#### Re-accreditation Timeframes

As determined by Employers WH&S Policies

#### Core Skills

To successfully complete this unit of competency, participants should possess the required level of core skills associated with reading, writing, and numeracy. The following are examples of core skills required for this unit.

**Reading:** Read and interpret manufacturer's specifications, work and maintenance plans, and Material Safety Data Sheets (MSDSs)

**Writing:** Record information accurately and legibly

**Numeracy:** Use numeracy skills to estimate, calculate and record routine workplace measures.

Wherever possible, our Program Facilitators will make reasonable adjustments for participants that require core skills assistance. InterLink Training can also confidentially provide written information on where support can be obtained to assist with core skills development.

## Mode of Delivery

- Face to Face or Small Group (Workshop Session)

## Competency Assessment

Participants will be required to successfully complete written and practical assessments to demonstrate they are competent in the application of this unit of competency.

## Recognition of Prior Learning (RPL)

InterLink Training offers Recognition of Prior Learning (RPL) if an individual believes they can demonstrate they already hold the underpinning knowledge and skills contained in the unit of competency.

## Personal Protection Equipment (PPE) Required

No PPE is required whilst attending this program.

## Training Resources

InterLink Training provides the relevant training resources required to demonstrate competency. Should you prefer to use your own training resources during the course, such as your own Chainsaw, raise this issue with your Facilitator at the commencement of the Program. The relevant safety checks will need to be undertaken prior to approval being given to use your equipment throughout the program.

## Licensing / Regulatory Information

Specific licensing /regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.

## Government Financial Support and Training Subsidies

Government financial support and training subsidies are not available for this stand-alone unit of competency.

InterLink Training is not a VET FEE-HELP approved training provider

## Special Access Needs

Please advise our Regional Coordinators when making a booking if you have any special needs in relation to access within our training facilities.

## Disclaimer

Attendance at this program does not guarantee:

- A learner will successfully complete the training program:
- The training program can be successfully completed if it is undertaken in a manner that does not comply with the Standards for Registered Training Organisations (RTO's) 2015; *and*
- A learner will obtain a particular employment outcome where this is outside the control of InterLink Training